

# Go-lytely™ Bowel Prep for Colonoscopy

A "bowel prep" is usually performed to prepare the bowel for surgery or for an endoscopic procedure. Its purpose is to clear out the bowel of all solid matter. Please follow these instructions.

Begin the bowel prep one day before your scheduled procedure.

**Your colonoscopy is scheduled for** \_\_\_\_\_

**You will need these items from a pharmacy:**

- A prescription for Go-lytely™

**On the Day Before the Colonoscopy (Date)** \_\_\_\_\_

1. Begin drinking only clear liquids. You should not have any solid food or milk products.

These clear liquids are allowed:

- Water
- Ice
- Clear broth or bouillon
- Coffee or tea (no milk or cream)
- Kool-Aid
- Soft drinks
- Jell-O (no red or purple)
- Strained fruit juices (no pulp)
- Herbal teas
- Popsicles
- Gatorade



<b>11:00 am</b>	Start drinking the Go-lytely™. Follow directions for mixing. Drink 1 glass every 15 minutes. Finish drinking the gallon in 2 hours.
<b>12:00 midnight</b>	Do not eat or drink anything after 12 midnight. You may gargle but do not swallow any liquid. Do not smoke after 12 midnight.

### **The Morning of the Colonoscopy**

- Do not take your morning medicines the day you are to have the colonoscopy.
- Bring all medicines that you usually take with you to the hospital (in the original containers)

If you have any questions, call: (404) 681-0000 \_\_\_\_\_

**Talk to your doctor or other members of your health care team if you have questions at (404) 681-0000.**